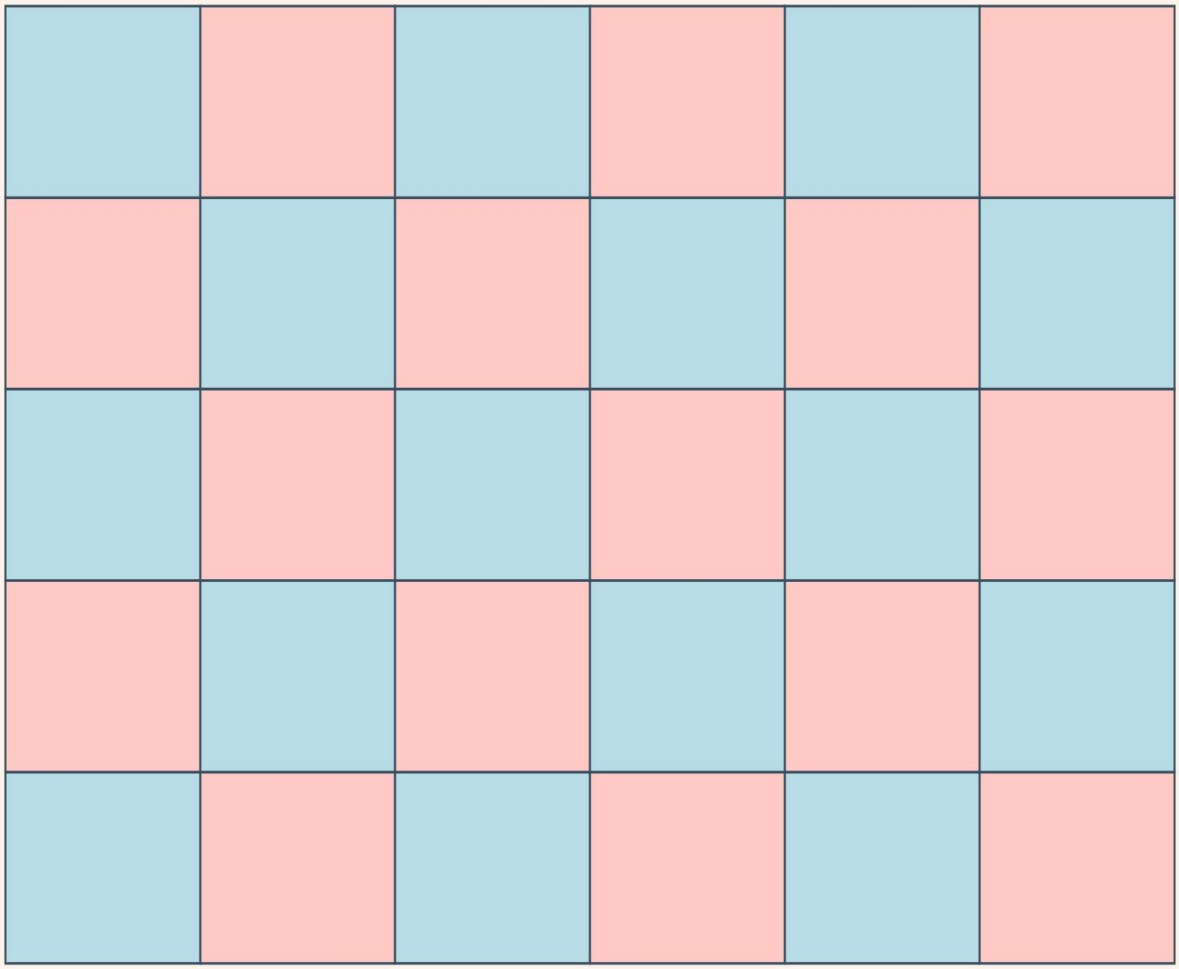
30-Day Challenge

HOME WORKOUT

Month of: _____