

BASIC LIFE SUPPORT

DANGER

Check for danger to yourself, bystanders and the patient.

RESPONSE

Check for response, talk and touch.

SEND FOR HELP

Call for an ambulance or get another person to make the call. Call 000 from a landline or 112 from mobile.

AIRWAY

Clear and open airway Adult/child full tilt. Infant neutral head position.

BREATHING

Look, listen and feel for breathing. If not breathing normally, start CPR.

CPR

Perform 30 compressions followed by 2 breaths. Continue CPR until help arrives or patient recovers. If for any reason breaths are unable to be performed continue with uninterrupted chest compressions.

DEFIBRILLATION

Attach automatic external defibrillator (AED) as soon as possible and follow it's prompts.