

# RESUSCITATION CHART

**D**

DANGER

Use all senses to check for dangers to yourself, others and the patient. Ensure the area is safe. Move the patient only if the danger cannot be eliminated.



**R**

RESPONSE

Check for a normal response try talking to the patient, asking them their name and squeezing their shoulders

**DO NOT move the patient if the injury is the result of a fall**



**S**

SEND FOR HELP

Send a bystander to call for help and an Ambulance as soon as possible

**DIAL 000 and ask for Ambulance attendance.**



**A**

AIRWAY

Open mouth and check for foreign objects. If objects are present place in recovery position and clear airway with fingers

**DO NOT move patient if the injury is the result of a fall.**



**B**

BREATHING

Check breathing. Look for rise and fall of chest. Listen for breathing sounds. Feel for breaths on the cheek and for rib cage movement. If breathing is present keep the patient in the recovery position and monitor



**C**

CPR

If no breathing is present commence CPR Give 30 Chest Compressions to every 2 Breaths @100 Compressions/minute.



**D**

DEFIBRILLATION

Apply defibrillator (if available) and follow the voice prompts or instruction on the device.  
AED-Automated External Defibrillator

