

THE FIVE LOVE LANGUAGES QUIZ

Read each pair of statements and circle the one that best describes you.

1

- A. I feel loved when you tell me how much you appreciate me.
- D. I feel loved when you enthusiastically do a task I have requested.

2

- E. I need to be hugged by you every day.
- A. I need your words of affirmation daily.

3

- C. Your gifts are always special to me.
- E. I feel loved when you kiss me.

4

- B. I really enjoy the feeling I get when you give me your undivided attention.
- D. I really enjoy the feeling I get when you do some act of service for me.

5

- A. I like when you compliment my appearance.
- B. I feel loved when you take the time to understand my feelings.

6

- E. Kissing me unexpectedly makes me feel loved.
- C. Giving me a gift for no occasion makes me feel loved.

7

- D. I appreciate the many things you do for me.
- C. I like receiving gifts that you make.

8

- E. I feel secure when you are touching me.
- D. Your acts of service make me feel loved.

9

- E. I like for you to touch me when you walk by.
- B. I like when you listen to me sympathetically.

10

- B. I enjoy extended trips with you.
- D. I like to know that you are concerned enough to help me with my daily task.

11

- A. I like to be told that you appreciate me.
- B. I like for you to look at me when we are talking.

12

- C. I really enjoy receiving gifts from you.
- D. I feel loved when you help me with my home projects.

13

- C. I appreciate it when you remember special days with a gift.
- B. I appreciate it when you listen patiently and don't interrupt me.

14

- D. I feel loved when you help me out with my chores.
- C. I know you are thinking of me when you give me a gift.

15

- C. I feel loved when you celebrate my birthday with a gift.
- A. I feel loved when you celebrate my birthday with meaningful words (written or spoken.)



Add Total Number of Answers Here:

A. ___ Words of Affirmation

B. ___ Quality Time

C. ___ Receiving Gifts

D. ___ Acts of Service

E. ___ Physical Touch