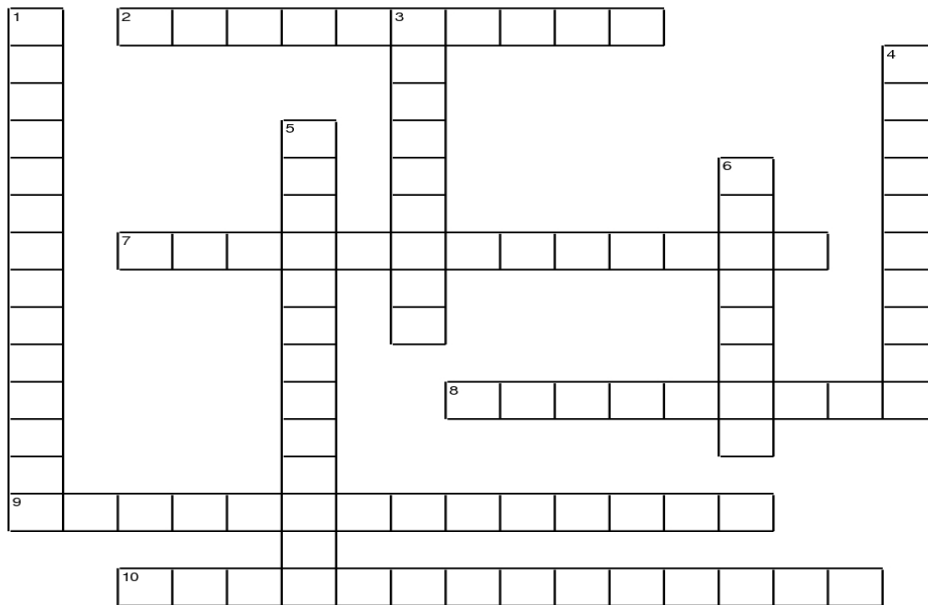


**NTRS 250 Human Nutrition
Worksheet 14: Older Adult Nutrition Crossword Puzzle**



| Across | Down |
|---|--|
| 2. arthritic disease of the immune system involving painful inflammation of the joints and related structures | 1. a painful, chronic disease of the joints that occurs when the cushioning cartilage in a joint breaks down |
| 7. a person's perceived physical and mental well being | 3. inflammation of a joint usually accompanied by pain, swelling, and structural changes |
| 8. thickenings of the eye lenses that impair vision and can lead to blindness | 4. a degenerative disease of the brain involving memory loss and major structural changes in neuron networks |
| 9. the loss of brain function beyond the normal loss of physical adeptness and memory that occurs with aging | 5. a nutrition program that delivers food for the elderly to their homes |
| 10. damage to the skin and underlying tissues as a result of compression and poor circulation | 6. the maximum number of years of life attainable by a member of a species |