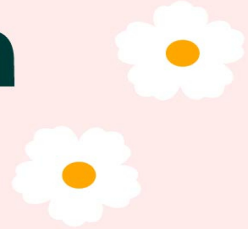


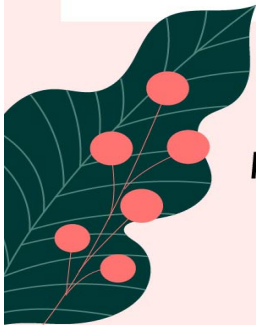


Word Search

for Seniors



G	T	T	X	A	E	N	E	R	G	Y	P	S	T	G	F	P	K
S	Q	V	B	K	P	Y	L	C	D	A	N	C	B	F	Y	N	F
H	T	A	L	K	S	A	M	X	B	R	E	A	T	H	E	O	L
I	Y	R	M	E	D	I	T	A	T	I	O	N	Q	C	M	H	E
N	B	D	E	E	R	E	S	T	R	E	T	C	H	M	P	V	X
Q	A	J	R	N	N	J	B	E	B	M	S	I	F	T	O	C	E
I	L	G	T	A	G	G	V	O	Y	S	L	E	E	P	Z	I	R
L	A	G	I	H	T	T	L	N	U	T	R	I	T	I	O	N	C
J	N	G	D	N	Y	E	H	E	Z	U	Q	J	T	M	R	G	I
C	C	C	B	Q	S	T	E	J	F	W	N	E	J	R	D	U	S
F	E	K	C	M	V	E	D	G	M	V	M	X	W	K	V	O	E
B	A	D	D	X	Z	U	T	P	E	A	C	E	F	U	L	F	N



Energy
Meditation
Sleep
Peaceful

Exercise
Stretch
Breathe
Strength

Rest
Nutrition
Balance
Hydrate

